



## **PRE-PROCEDURE INSTRUCTIONS FOR STEREOTACTIC BIOPSY**

- Wear a comfortable two-piece outfit.
- Feel free to eat a light meal prior to the procedure
- Do not wear deodorant, lotion, powder, or perfume under your arms or on your breasts the day of the procedure.
- Are you taking any of the following medications: Anticoagulants (Coumadin, Heparin, Plavix)?
- (If so, please check with your physician before discontinuing your medication. Discontinue 5 days prior to procedure and arrange for blood tests to be done on the 6th day or 1 day prior to biopsy.)
- It is recommended that you avoid taking aspirin, aspirin like medications (Ibuprofen, Advil) for one week before your biopsy. Arthritis medications (Celebrex, Motrin) should not be taken for three days before your biopsy. Do not take large doses of herbal supplements or vitamins (vitamin E, fish oil, garlic, echinacea, ephedra, ginkgo, ginseng) for one week before your biopsy. Tylenol is okay.
- Be sure to talk to your doctor before stopping any prescribed aspirin or blood thinning medications.
- If you had your mammogram done at a different location that you arrange to have your films delivered to us or bring them with you on the day of your procedure.
- Inform your doctor, the radiologist, and the technician of any other health problems that we need to know about before this procedure.
- Always inform your doctor, the radiologist, and the technician if you:
  - ✓ Are pregnant, or think there is a possibility you may be pregnant.
  - ✓ Have Cardiac problems.
  - ✓ Are Diabetic.
  - ✓ Have Allergies.
  - ✓ Are sensitive to latex or other substances.
- Also inform your doctor, the radiologist, and the technician if you are allergic to anesthesia or epinephrine.
- It is recommended that you have someone drive you home after your procedure.

Questions to ask?

---

---

---

---

---